

Immunization for Teens

A **booster for tetanus and diphtheria** is needed **ten years after the preschool booster**, usually between ages 14 and 16. The recommended vaccine is called **Adacel®**. This vaccine is publicly funded for all adolescents. It has added protection against whooping cough, or pertussis.

Whooping cough still frequently occurs in Ontario. The Canadian Paediatric Society reports that more and more teenagers are getting whooping cough. In teenagers, whooping cough can be mild (a bad cough) or can be a severe cough that causes shortness of breath, weight loss due to difficulty eating, and vomiting. These symptoms can cause sleep disruptions, fatigue, and missed days at school. Severe coughing spells can last for 2 to 3 weeks, and the illness can last from 6 to 12 weeks. For more information on whooping cough and on the vaccines routinely given to teens, see the following website:

<http://www.caringforkids.cps.ca/immunization/dTap.htm#pertussis>

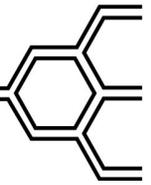
Ontario students are required by law to have up-to-date immunization or a valid exemption on file with Ottawa Public Health to attend school. To avoid suspension from school, please update student immunization information with Ottawa Public Health using one of the following ways:

- Use the online form on our website at ottawa.ca/health
- Mail or drop off a copy of the immunization record to the Immunization Program at 100 Constellation Drive, 7th Floor West, Ottawa, ON K2G 6J8

Please do not mail original documents – send a copy!

For routine immunization please visit your family physician or a walk-in clinic and update the student's immunization information with Ottawa Public Health. If you do not have a family physician you can call Health Care Connect at 1-800-445-1822. For information on walk-in clinics in your neighbourhood, call Ottawa Public Health Information at 613-580-6744 (TTY: 613-580-9656).





High School Synrevoice and E-mail Blast Message

Important Reminder from the Ottawa Public Health Immunization Program

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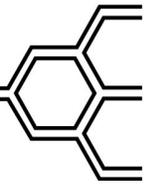
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Elementary and Intermediate School Newsletter/Website Article

Vaccination Booster Reminder

Boosters are due between 4 and 6 years of age. Ontario students by law must be immunized against tetanus, diphtheria, polio, measles, mumps and rubella, or have a valid exemption on file with Ottawa Public Health to attend school. These vaccines are publicly funded for all children.

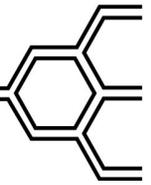
Please check your child's immunization record to find out if it is time for another vaccination. To avoid suspension from school, please update your child's immunization information with Ottawa Public Health in one of the following ways:

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